



Title: The 5 A's of Tobacco Control

Date Created: 11/30/2015

Date Modified: N/A

Date Approved by Board of Directors: 12/08/2015

Clinical Guideline # CGC-CG-14

Purpose: To establish a guideline to lessen, limit and control the use of tobacco PPS-wide.

Note: The following document is a clinical guideline based on evidence based medicine and recommended best practices for DSRIP purposes. At no time should this document supersede existing hospital, practice, or state policies.

Guideline: 5 A's of Tobacco Use

The 5 A's are:

- **Ask** - ...a patient to describe their smoking status.
 - A-Never or fewer than 100 cigarettes
 - B-Stopped >2 weeks ago but <1 year ago
 - C-Stopped smoking > 1 year ago
 - D-Smoke regularly/not thinking of quitting in the next 30 days
- **Assess** - ...a patient's willingness to quit in the next 30 days.
- **Advise** - Provide clear and strong advice to quit with personalized messages on impacts of smoking.
- **Assist** - Recommend pharmacotherapy and refer them to community resources.
- **Arrange** - Assess smoking status every visit.

Implement into the EHR wherever possible.

When PPS clinical protocols and pathways are developed through the Clinical Governance Committee(s) of the PPS and approved by the CCN Board of Directors and are applicable to Partner Organization's delivery of health care services and project participation, such protocols and pathways shall not (1) override the professional judgment of Partner Organization and its licensed health care professionals in treating patients in individual cases or (2) interfere with the governing body/established operator of any licensed health care facility or its medical staff in overseeing the provision of clinical services to patients and the quality of care.

Clinical Guideline Board Approval History:

Clinical Guideline Revisions:

Date	Revision Log	Updated By

This Clinical Guideline shall be reviewed periodically and updated consistent with the requirements established by the Board of Directors, Care Compass Network’s senior management, Federal and State law(s) and regulations, and applicable accrediting and review organizations.