

Broome County Mental Health and Wellness Resource Guide



The Broome County Mental Health and Wellness Resource Guide contains local resources for community members and providers seeking help and needing assistance in locating the appropriate services to better manage and cope with mental health and wellness.

Bereavement Programs & Support Groups

Company Name	Address	Phone Number	Website
Adult Bereavement Support Group	300 Main St Vestal, NY	607-770-7670	
Bereaved Parent Group	918 Upper Front St Binghamton, NY	607-239-4222	
Death from an Overdose Recovery Support Group (DORS)	4102 Old Vestal Rd Vestal, NY	607-584-9160	
Help After Lose (HALos)	534 County Rd 39 Afton, NY	607-639-HALO (4256)	www.helpafterloss.com
Lourdes Hospice Bereavement Program	4102 Old Vestal rd Vestal, NY	607-798-5692	www.lourdes.com/centers-and-services/hospice/bereavement/
Widows & Widowers of the Southern Tier	Denny's in Vestal	607-798-9660	

Crisis Lines

Company Name	Phone Number	Purpose
Crime Victims (CVAC)	607-722-4256	24/7 Crisis line that provides intervention, advocacy, community education, counseling and support services for individuals - http://www.cvac.us/
Mobile Integration Team (MIT) through GBHC	1-844-HELPMIT (435-7648) 607-762-2302 (24/7 crisis services)	Provides basic needs assessment community help for children, adults & geriatric - https://www.omh.ny.gov/omhweb/transformation/docs/st-flyer.pdf
National Suicide Prevention Lifeline	800-273-TALK (8255)	24/7 free and confidential support for people in distress.
RISE	607-754-4340 or 877-754-4340	24-hour Crisis Line for issues related to domestic violence – www.rise-ny.org
The Trevor Project	866-488-7389	24/7 crisis and suicide intervention for LGBT young people ages 13-24 www.thetrevorproject.org/
UHS CPEP Crisis Line	607-762-2302 or 800-451-0567	24/7 crisis hotline/ 24/7 advocacy to victims. Free and confidential counseling for all victims of crime

Outpatient Clinics & Counseling

Company Name	Address	Phone Number	Website
Binghamton VA Clinic	203 Court St Binghamton, NY	607-772-9100	
Binghamton Vet Center	53 Chenango St Binghamton, NY	607-722-2393	After hours cll 877-WAR-VETS (927-8387)
Catholic Charities	232 Main St Binghamton, NY	607-729-9166	www.catholiccharitiesbc.org/
Child & Adolescent Behavioral Health Center	425 Robinson St Binghamton, NY	607-773-4520	
Community Treatment & Recovery Center (CTRC)	114 Clinton St Binghamton, NY	607-797-0680	
Crime Victims Assistance Center	377 Robinson St Binghamton, NY	607-723-3200	www.cvac.us/
Family & Children's Society	257 Main St Binghamton, NY	607-729-6206	www.familycs.org
Families First	1 Hawley St Binghamton, NY	607-778-3080	
Lourdes Center for Mental Health (LCMH)	184 Court St Binghamton, NY	607-584-4465	www.lourdes.com/centers-and-services/youth-services/lcmh
Samaritan Counseling Center	3001 E Main St Endwell, NY	607-754-2660	www.samaritancounseling.org
UHS HOME Program		607-762-2809	
UHS Outpatient Mental Health	33 Mitchell Ave Binghamton, NY	607-762-2340	www.uhs.net
University Counseling Center	4400 Vestal Pkwy E Old O'Connor Bldg Vestal, NY	607-777-2772	www.binghamton.edu/counseling
Upstate NY Eating Disorder Service	Services in Elmira, Syracuse, Ithaca & Binghamton	607-732-5646	http://Unyed.com/contact-us/348118

Self Help & Other Resources

Company Name	Phone Number	Purpose
ACHIEVE	607-723-8361	Provides services for the intellectually and developmentally challenged individuals - www.achieveny.org/
B.C. Safe	607-778-1146	Suicide awareness for families and educations to help reduce the number of suicides and suicide attempts by increasing awareness and providing educational and training resources
The Beacon at MHASt	607-771-8888 ext 313	A weekend drop in center for adults to talk and support each other. Addressing the needs of the community to ensure that they have a safe refuge on weekends, when other services are unavailable - www.yourmha.com/beacon.html
Clear Path for Veterans	315-715-2408	Outreach and support to Veterans through outreach workers and peer support programs - www.clearpath4vets.com/
Coordinated Children's Services (CCSI)	607-584-7800	Connects families with support and services, creating an action plan for families with difficulties – www.catholiccharitiesbc.org
Dual Recovery Anonymous (DRA) Meetings	607-771-1674 607-785-6026	Meetings held on weekends at the Beacon or on Wednesdays at the Substance Abuse Treatment Facility - www.draonline.org/index.html
Family Enrichment Network	607-778-1111	Clinic Plus offers free, voluntary, & confidential social-emotional health screening for children in pre-school through Grade 8 to promote early identification of strengths and difficulties - familyenrichment.org/clinic-plus-program-pg.html
Family Ties (Mental Health of a Loved One)	607-762-2887	Provides support and information to family and friends of individuals coping with mental health
Mental Health Association of the Southern Tier (MHASt)	607-771-8888	Provides support and services to all community residents by improving their mental health and wellness through advocacy services, educational presentations, prevention programs, information, and resource referrals - www.yourmha.com
NY Connects	607-778-2278	Provides info for all ages/ income on behavioral health & developmental services
Office of Mental Health	315-426-3942	Provide guidance to help families and individuals navigate mental health – omh.ny.gov/omhweb/consumer_affairs/resources/advocacy.html
Solstone Eating Disorder Support Group	877-752-1007	Provides care for those struggling with an easting disorder. Offering outpatient services in Elmira, Syracuse, Ithaca, and Binghamton
Southern Tier Independence Center (STIC)	607-724-2111	Provides advocacy for individuals with disabilities
Stepping Stone	607-773-3204	Peer support group for individuals that are coping with Mental Health. Meets on Tuesdays and Thursdays

Programs			
Contact Name Name	Address	Phone Number	Purpose
Assertive Community Treatment (ACT)	290 Front St Binghamton, NY	607-729-9166	Services include psychiatric assessment, medication education and support, vocational assessment, drug and alcohol assessment groups and referrals
Encompass Health Home Care Management	232 Main St Binghamton, NY	607-729-9166	Assists individuals in their recovery journey, overseeing and coordinating access to needed services, assuring all needs are addressed.
Family & Children's Vocational Incentive Program	257 Main St Binghamton NY	607-237-1981	Provides vocational case management services designed to assist 18 & older residents of mental health/ substance use services obtain employment
Four Seasons Club		607-773-1184	Designed to help members achieve or regain the confidence and skills necessary to lead vocationally productive and satisfying lives
OnTrack NY	114 Clinton St Binghamton, NY	607-797-0680	Innovative treatment program for adolescents and young adults who have had unusual thoughts and behaviors, or have started seeing or hearing things that others don't
Protective Services for Adults		607-584-5305	A System of services aimed at maintaining individuals, and preventing neglect, exploitation, and abuse. Referrals made through the Department of Social Services (DSS)
Single-Point of Entry	290 Front St Binghamton, NY	607-723-9991	A program for adults with a mental health diagnosis to assist with acquiring case management or residential services
UHS Comprehensive Psychiatric Emergency Program (CPEP)	27 Park Ave Binghamton, NY	1-800-451-0567 607-762-2302	Services include in-person emergency assessment/ consultation, referrals, and services that include counseling and therapy and educational presentations
UHS Health Home		607-762-2163	Provides care management for those with chronic medical or behavioral health conditions

*Disclaimer: Information provided on this Resource Guide are accurate as of July 20, 2017. Care Compass Network (CCN) does not endorse any organization over the other, this document is informational only.